

ADVENTURE OBSTACLE TRAINING TIME TRIAL

DECEMBER 2017



OVERALL POS	ATHLETE NAME	MALE / FEMALE	ACTUAL TIME	PERSONAL BESTS
1	James Meredith	Male	9:21	
2	Tom Basson	Male	10:03	
3	Johann Bruwer	Male	11:38	00:37 PB
4	Clayton Holloway	Male	12:27	
5	Lisha Sookan	Female	12:55	00:57 PB (NEW RECORD)
6	Tyrone Holder	Male	13:10	
7	Paul Stroebel	Male	13:24	00:48 PB
8	Daniel Mundell	Male	13:48	
9	Nedene Cahill	Female	14:19	
10	Gabi Holmes	Female	14:37	01:17 PB
11	Liam Lenz	Male	14:45	
12	Ben Holmes	Male	14:54	00:51 PB
13	Bradley Lucien	Male	15:03	00:04 PB
14	Carla van Huyssteen	Female	15:06	
15	Corbyn Marais	Male	15:07	
16	Kent Kalule	Male	15:13	
17	Duncan Augustus	Male	15:24	00:37 PB
18	Tasha Augustus	Female	15:44	02:20 PB
19	Kyle Gerhard	Male	15:45	
20	Tanner Mundell	Male	15:46	00:36 PB
21	Tarryn Butler	Female	15:48	01:15 PB
22	Liesel Phillips	Female	16:20	00:37 PB
23	Bronwyn Marais	Female	16:36	01:09 PB
24	Grant Marais	Male	16:37	
25	Garreth Dovey	Male	16:47	00:25 PB
26	Dylan Williams	Male	16:48	
27	Raj Govender	Male	16:49	01:01 PB
28	Nicky Lenz	Female	17:59	00:30 PB
29	Roland Fuchs	Male	18:02	
30	Kerry Cahill	Female	18:09	
31	Keagan Bahlmann	Male	18:13	

32	Tyrone Nicol	Male	18:25	
33	Connor Liebenberg	Male	19:55	"00:18 PB
34	Catherine Robson	Female	20:03	
35	Ursula Jansen	Female	20:19	
36	Ashley Jansen	Female	20:20	
37	Megan Bahlmann	Female	20:31	06:13 PB
38	Warren Barnwell	Male	20:38	
39	Vee Lumley	Female	20:44	
40	Hendrik Malan	Male	21:46	
41	Zara Soofie	Female	'22:46	
42	Chelsea Kerdachi	Female	23:18	
43	Claire de Sylva	Female	24:00	
44	Nathan Trollope	Male	24:02	
45	Nick Hewer	Male	25:40	
46	Donna Osman	Female	25:56	
47	Wendy Storey	Female	26:00	01:19 PB
48	Taryn Hillerman	Female	26:35	
49	Paige Marais	Female	26:42	01:21 PB
50	Shaleen Maloney	Female	26:48	
51	Gareth Greenwood	Male	28:26	
52	Natasha Paola	Female	30:18	
53	Tiffany Wagner	Female	31:04	
54	Karen Nicol	Female	31:32	
55	Joinel Paulo	Male	31:53	
56	Adriaan Smit	Male	33:02	
57	Nidene van Wijk	Female	33:03	
58	Johann Smit	Male	34:02	
59	Michelle Smit	Female	43:02	

