

# ADVENTURE OBSTACLE TRAINING TIME TRIAL

AUGUST 2017



OVERALL POS	ATHLETE NAME	MALE / FEMALE	ACTUAL TIME	PERSONAL BESTS
1	James Meredith	Male	09:04	<b>NEW MEN'S RECORD</b>
2	Daniel Mundell	Male	11:16	<b>00:47 PB</b>
3	Clayton Halloway	Male	12:08	
4	Catherine Robson	Female	13:00	<b>NEW WOMAN'S RECORD</b>
5	Nedene Cahill	Female	13:11	<b>00:16 PB</b>
6	Trent Burnett	Male	13:27	<b>02:41 PB</b>
7	Johann Bruwer	Male	13:29	<b>04:41 PB</b>
8	Lisha Sookan	Female	14:16	
9	Mark Brassell	Male	14:48	<b>00:55 PB</b>
10	Bradley Lucien	Male	15:07	<b>02:47 PB</b>
11	Gabi Holmes	Female	15:54	<b>01:02 PB</b>
12	Ben Holmes	Male	16:14	<b>02:15 PB</b>
13	Liesel Phillips	Female	16:57	<b>02:12 PB</b>
14	Kerry Cahill	Female	17:32	<b>00:46 PB</b>
15	Tarryn Butler	Female	18:04	
16	Nicky Lenz	Female	18:29	<b>00:26 PB</b>
17	Bronwyn Marais	Female	19:48	
18	Grant Marais	Male	19:49	
19	James Hooper	Male	19:53	
20	Conner Liebenberg	Male	20:13	<b>01:50 PB</b>
21	Shelley Higgo	Female	20:27	
22	Joel Blair	Male	21:23	
23	Sheldon Higgo	Male	22:09	
24	Michael Uppink	Male	22:10	
25	Corne van Reenen	Female	23:38	
26	Evie Chettleburgh	Female	24:20	<b>02:24 PB</b>
27	Falon Cowie	Female	26:58	
28	James Howes	Male	27:25	
29	Paige Chettleburgh	Female	28:01	
30	Rebecca	Female	28:02	
31	Paige Marais	Female	28:03	<b>04:05 PB</b>

<b>32</b>	Sarah Uppink	Female	28:04	
<b>33</b>	Ryan Janse Van Rensburg	Male	28:49	
<b>34</b>	Megan Bahlmann	Female	30:00	
<b>35</b>	Tasha Smith	Female	30:58	

